





**"I don't
like rations."**



Replace:
carbohydrates
sodium
electrolytes
vitamins
minerals
salt











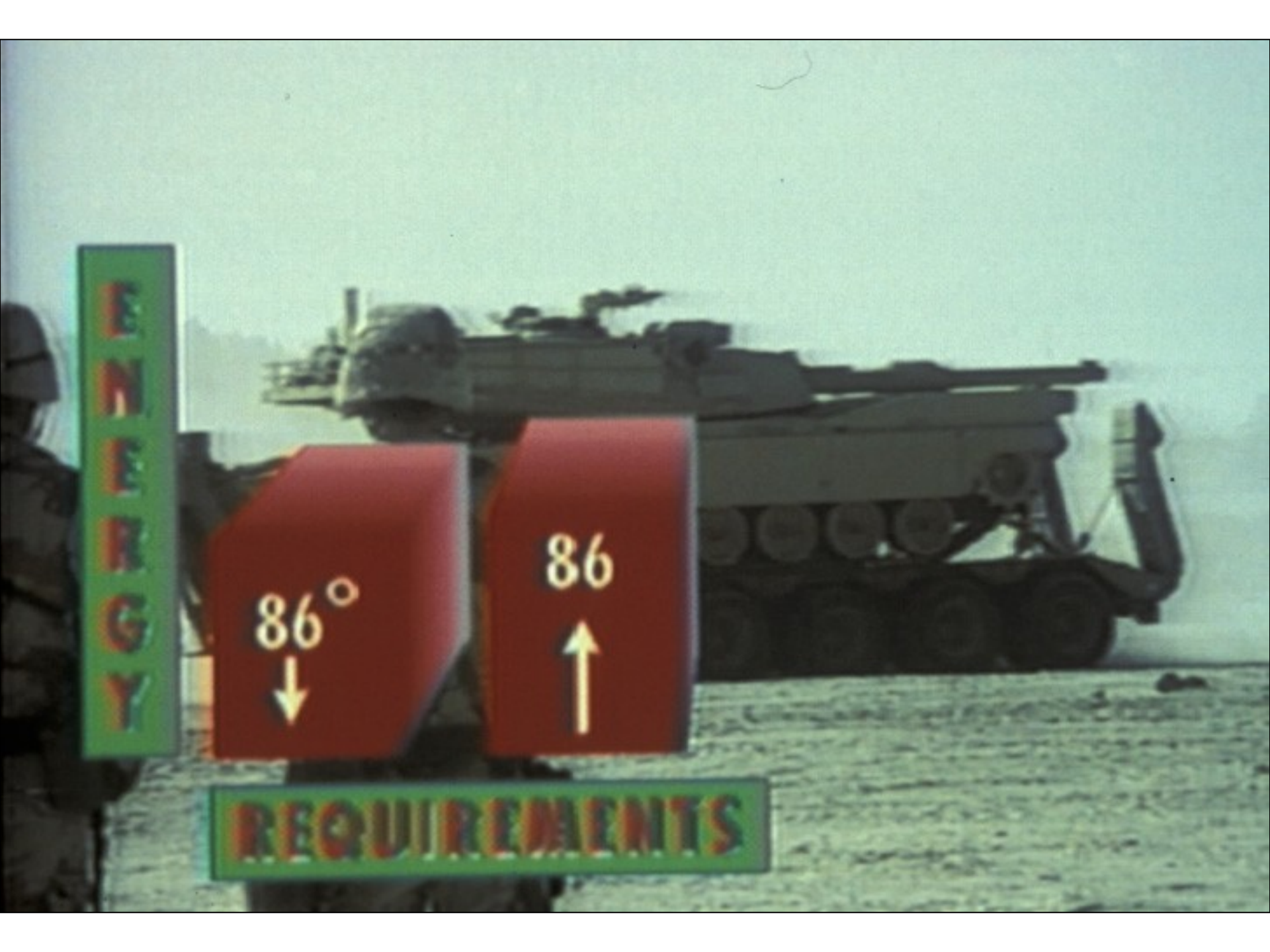
**"It's too
hot to eat."**

ENERGY

86°
↓

86
↑

REQUIREMENTS









**"It's too
cold ..."**



ENERGY

COLD

REQUIREMENTS







